

Understanding TMJ Earaches: What You Should Know

Not all earaches are caused by infections. If you've been to your doctor and ruled out an ear infection, the real cause might be your jaw.


TMJ disorders can create pressure and discomfort in the muscles around the jaw and ear canal, which may lead to:

- A feeling of fullness in the ears
- Sharp or aching ear pain
- Ringing or buzzing (tinnitus)
- Pain that worsens with chewing or talking


At **TMJ Relief & Therapy** in Bradenton, we address these symptoms with:

- Massage therapy
- Joint mobilization
- Posture coaching

These non-invasive therapies help relieve tension and restore comfort—without medication.

 **Located in Bradenton, FL** — proudly serving Bradenton, Lakewood Ranch, and Sarasota.

 **Call or Text:** 804-356-3956

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 **Visit us online:** www.TMJtherapy.net
